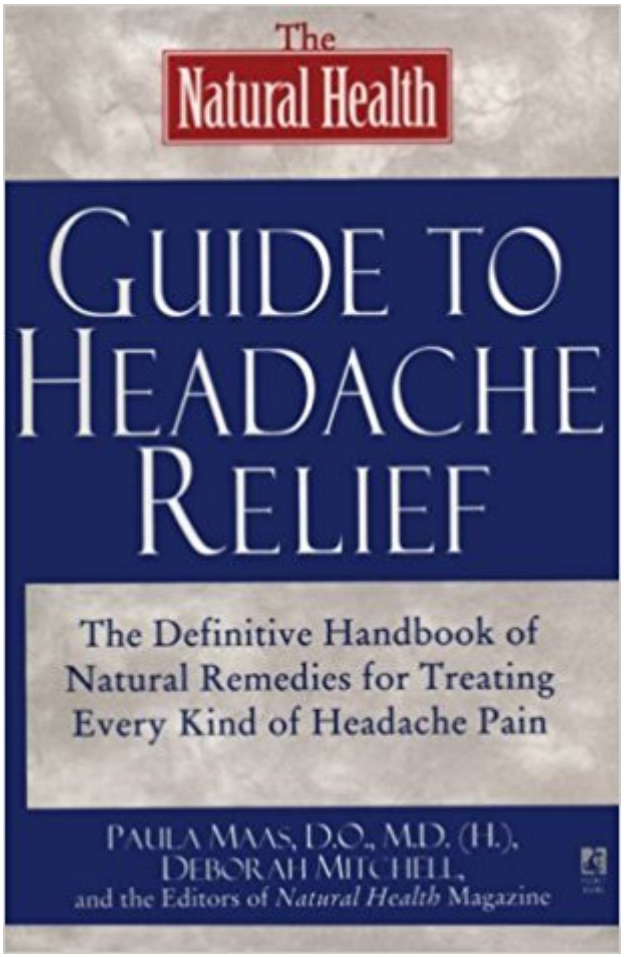
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Synopsis

A collection of natural headache remedies draws from herbal medicine, homeopathy, nutrition and dietary supplements, aromatherapy, acupuncture, biofeedback, and other therapies, and also offers a wealth of trigger identification guidelines.

Book Information

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